

SCRUFFS FOOTWEAR SIZE GUIDE

FIT TIPS

Not all brands of footwear fit the same. The standard size guide below is a good indicator of what size you should wear, but there may be slight variations in sizing between different brands. Most foot problems can be prevented by wearing properly fitting footwear. Don't assume that your footwear size remains the same. The shape of your feet changes as you get older. Have both feet measured regularly as most people have one foot larger than the other. Fit to the largest foot.

Always try footwear with your regular work socks. Make sure that they are laced properly. The ends of your toes should not touch the front part of the footwear. To double-check the fit, untie the laces and slide your forefinger down the back of the footwear directly behind the heel - your toes should touch the front toe part of the footwear.

| FOOTWEAR | | | | | | | | | | | | |
|----------|----|----|----|----|-----|----|----|----|----|------|----|----|
| UK | 3 | 4 | 5 | 6 | 6.5 | 7 | 8 | 9 | 10 | 10.5 | 11 | 12 |
| US | 4 | 5 | 6 | 7 | 7.5 | 8 | 9 | 10 | 11 | 11.5 | 12 | 13 |
| EURO | 36 | 37 | 38 | 39 | 40 | 41 | 42 | 43 | 44 | 45 | 46 | 47 |

SCRUFFS TOPS/JACKETS SIZE GUIDE

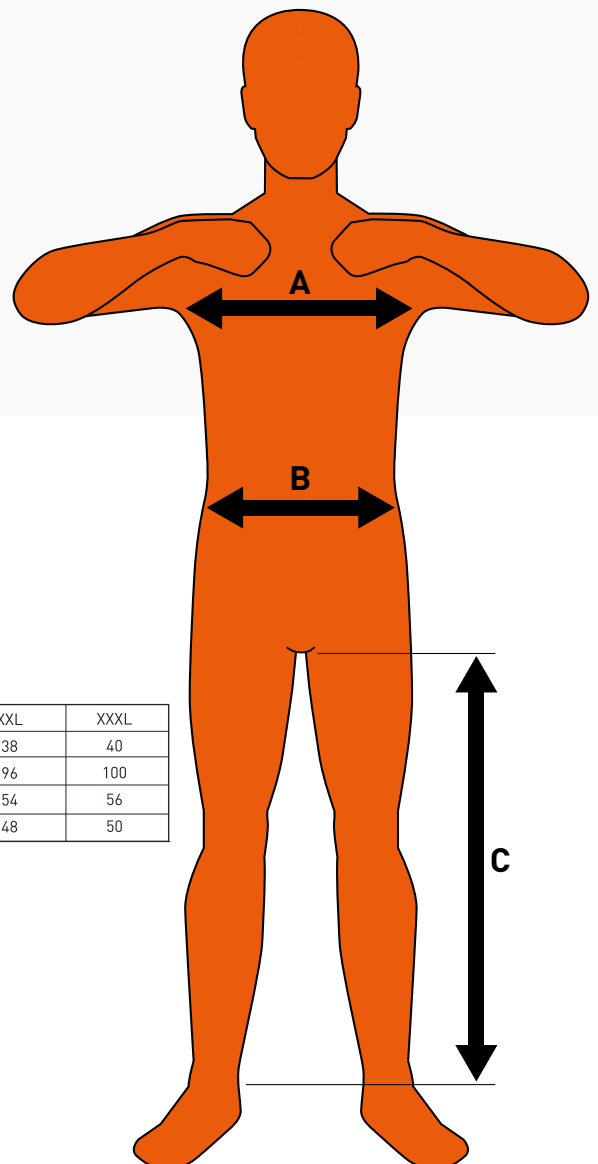
MEASUREMENT TIPS

The fit of workwear depends on the cut, fabric and styling of the garment. If you're not sure, follow our top tips on how to measure yourself, then refer back to the detailed workwear size guide shown below so you know which size you should buy.

CHEST (A)

Measure around the fullest part of the chest. Place the measuring tape high up under your arms and make sure it's at the same height at the back across your shoulder blades.

| MEN'S TOPS/JACKETS | | | | | |
|--------------------|--------|---------|---------|---------|---------|
| Chest Size | S | M | L | XL | XXL |
| Chest Inches | 38/40 | 42/44 | 44/46 | 46/48 | 48/50 |
| Chest CM | 96/102 | 107/112 | 112/117 | 117/123 | 123/127 |
| EURO | 48/50 | 54/56 | 56/58 | 58/62 | 62/64 |



SCRUFFS TROUSERS SIZE GUIDE

WAIST (B)

Measure around your natural waist line, on top of your usual underwear.

INSIDE LEG (C)

Measure from the top of the inside leg at the crotch to the hem.

| MEN'S TROUSERS | | | | | | | |
|-----------------|----|-------|---------|------|----|-----|------|
| Waist Size | XS | S | M | L | XL | XXL | XXXL |
| Waist Inches | 28 | 30 | 32 | 34 | 36 | 38 | 40 |
| Waist CM | 72 | 76 | 82 | 88 | 92 | 96 | 100 |
| EURO D, NL, BE | 42 | 44 | 46 | 50 | 52 | 54 | 56 |
| EURO FR, ES, PT | 36 | 38 | 40 | 44 | 46 | 48 | 50 |
| | | Short | Regular | Long | | | |
| Leg Inches | | 30 | 32 | 34 | | | |
| Leg CM | | 79 | 81 | 86 | | | |

TROUSER FIT GUIDE

| STYLE | FLEX | REGULAR |
|-------------------|---------------------------------------|--|
| Trousers in range | Trade Flex Trousers | 3D Trade Trousers, Worker Plus Trousers, Worker Trousers |
| Overall fit | Slim fit | Regular fit |
| Fit detail | Sit close to the waist, hips and legs | A secure fit at the waist with loose fitting legs |